



Lunchtime @ Simpsons Lane Primary Academy



main course



veggie main



potato filling



daily sandwich



pudding

WEEK 1	DATE HERE	M	T	W	T	F
			Sausage Meat Pinwheels served with Potatoes & Beans	Homemade Crispy Chicken Chunks With Peas & Baby potato	Roast Pork with Roasted Potato & Seasonal Vegetables	Chicken Curry & Rice
		Sweet Chilli Quorn Pieces with Vegetable Fried Rice	Vegetable Lasagne & Garlic Bread	Sweet Potato Balti Served with Braised Rice & Homemade Onion Bhaji	Quorn Nuggets served with potato & Beans	Mac & Cheese With Garli Bread
		Jacket Potato with a Choice of fillings	Jacket Potato with a Choice of fillings	Jacket Potato with a Choice of fillings	Jacket Potato with a Choice of fillings	Jacket Potato with a Choice of fillings
		Tuna Mayo Sandwich on Granary Bread	Ham Salad Baguette	Tuna Melt Panini	Chicken Mayo Sandwich	Cheese & Tomato Wrap
		Zesty Lemon Sponge With Custard	Fruit Jelly	Apple Crumble & Custard	Trifle Pot	Homemade Flapjack
WEEK 2	DATE HERE	M	T	W	T	F
		Chicken Vegetable & Rice Stir Fry	Meat & Potato Pie Topped with Suet Crust	Roast Chicken, Potatoes, Vegetables	Italian Meat Balls with Pasta	Fish & Chips with Peas or Beans
		Home Made Cheese & Tomato Pizza	Roasted Vegetable Bake	Vegetable Pie with potatoes & Vegetables	Quorn Nuggets Savoury Rice & Sweet-Sour Sauce	French Bread Cheese & Tomato Pizza
		Jacket Potato with a Choice of fillings	Jacket Potato with a Choice of fillings	Jacket Potato with a Choice of fillings	Jacket Potato with a Choice of fillings	Jacket Potato with a Choice of fillings
		Ham Roll	Cheese Bean Panini	Turkey Bacon Club Baguette	Ham Wrap	Cheese Toastie Sandwich
	Raspberry Delight	Sticky toffee pudding	Strawberry Cheese Cake pot	Fruity Cake Bar	Chocolate Sponge & Custard	
WEEK 3	DATE HERE	M	T	W	T	F
		Beef Burger & Homemade Wedges	Sticky Chicken & Noodles With Prawn Crackers	Roast Ham, With Potato Peas & Carrots	Hot Dog with Potatoes Beans	Fish Fingers Chips Peas or Beans
		Vegetable Burrito & Wedges	Vegetable Spring Roll & Noodles	Vegetable Chilli Tacos With BBQ Beans	Cheesy Broccoli Pasta Bake	Vegetable Burger in a bun with Peas or beans
		Jacket Potato with a Choice of fillings	Jacket Potato with a Choice of fillings	Jacket Potato with a Choice of fillings	Jacket Potato with a Choice of fillings	Jacket Potato with a Choice of fillings
		Egg Mayo Sandwich	Turkey Sandwich	Tuna Mayo Baguette	Ham & Cheese Panini	Sausage Bean & Cheese Wrap
	Apple & Sultan Flapjack	Pineapple Sponge & Custard	Cherry Muffin	Nut Free Bakewell Tart	Home-made short bread Biscuit	